



IFOS Product Report

Product Name:	Omega-3 400-200 TG Fish Oil
Product Type:	1000mg TG capsules
Product Availability:	Worldwide
Product Summary:  	<p>See yourself Well Omega-3 is a clean and highly concentrated omega-3 fish oil product. Each 1000 mg capsule contains a minimum 60% omega-3 concentration as combined EPA and DHA as well as gelatin, glycerin and natural tocopherols. This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:</p> <ul style="list-style-type: none">★ Omega-3 Concentration Consistent with Label – YES★ Passes IFOS Oxidation standards – YES★ Passes IFOS PCB, PCDD/F standards – YES★ Passes IFOS Heavy Metal standards – YES★ Passes all IFOS testing categories – YES
Batch/Lot #:	1929604
Expiry Date:	04/2022
Recommended Daily Allowance:	1-4 capsules
Company Name:	Zona Omega 3 S.a.s.
Company Phone:	+39.346.0055247
Company Website:	www.zonaomega3.it

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Category 1: Potency	Concentration	Batch Results	IFOS Compliance
EPA	400 mg/softgel	421 mg/softgel	Yes
DHA	200 mg/softgel	227 mg/softgel	Yes
Total Omega-3	600 mg/softgel	718 mg/softgel	Yes

Category 2: Purity, Safety & Cleanliness	Standard Limit	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	10.6 ppb	Yes
Dioxins and Furans	<= 1.0 ppt	0.131 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.255 ppt	Yes

Category 3: Stability	Standard Limit	Batch Results	IFOS Compliance
Anisidine	<=20	7.13	Yes
Peroxide	<= 5 mEq/kg	0.22 meq/kg	Yes
TOTOX	<= 19.5	7.57	Yes
Acid Value	<= 3.0 mg KOH/g	0.41 mg KOH/g	Yes

Category 4: Heavy Metals	Standard Limit	Batch Results	IFOS Compliance
Mercury (Hg)	<= 0.1 ppm	< 0.005 ppm	Yes
Lead (Pb)	<= 0.1 ppm	<0.02 ppm	Yes
Total Arsenic (As)	<= 0.1 ppm	<0.05 ppm	Yes
Cadmium (Cd)	<= 0.1 ppm	<0.01 ppm	Yes

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